

Online Resources to Help Protect Your Digital Life

With the increased load of members using online services during the COVID-19 pandemic, it is important to keep yourself safe. Preventing fraud, theft or other online crimes is only possible if we educate ourselves. The Government of Canada has built some very useful websites to help Canadians identify fraud and protect them from it.

The Canadian Anti-Fraud Centre is an excellent place to find an index of known scams and other forms of fraud, useful statistics on the impact of fraud in Canada, fraud in the news, and links to other useful resources for those interested. Visit: www.antifraudcentre-centreantifraude.ca

www.getcybersafe.ca provides users with vital information needed to stay safe online. Their Twitter account (@getcybersafe) contains regular updates and other important information related to cybersecurity. The site has a heavy focus on how to secure your devices, accounts and connections.

Another great resource from the Federal Government is the Staying Cyber-healthy During COVID-19 page located at <https://cyber.gc.ca/>. This page contains a series of easy tips to avoid all digital scams on the rise during the pandemic. It also contains a downloadable PDF you can print and put up at work or at home.
